Role of Specimen X-ray in Evaluation of Breast Specimens

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Breast Cancer

- Complex and multifaceted disease
- Include great variety of entities
- Show considerable variation
 - Clinical
 - Morphologic
 - Molecular

Features Used to Categorize Breast Ca

- Patient related
 - Age, genetic background
- Tumor related
 - Stage
 - Histologic features
 - ✓ Type, grade, LVI
 - Biomarker expression
 - ✓ER/PR/Her2/neu

Breast Cancer

- Nottingham Prognostic Index
- St. Gallen Criteria
- NCCN Clinical Practice Guidelines
- Adjuvant Online

Breast Cancer

- Traditional staging and standard histopathological evaluation remain the cornerstone of clinical management
- Not all BCs presenting at the same stage have the same underlying biology

Breast Cancer

- Tumor size
- Lymph node status
- Distant metastasis

Breast Cancer

- Therapy decisions
- Recognizes extremes
 prognostic spectrum

TNM Staging

PRIMARY TUMOR (T)

- Clinical size
 - clinical examination
 - imaging studies
- Pathologic size
 - measurement of invasive component

TNM Staging

PRIMARY TUMOR (T)

Pathologic size

- Size of the invasive carcinoma before any tissue is removed for special studies
- If multiple core biopsies performed, original tumor site should be reconstructed on the basis of combination of imaging and histologic findings

TNM Staging

PRIMARY TUMOR (T)

- Tis: In situ ca
- T1: <2 cm invasive ca
- T2: 2-5 cm invasive ca
- T3:>5 cm invasive ca
- T4: Skin involvement or inflammatory ca





TNM Staging

PRIMARY TUMOR (T)

Multiple Simultaneous Ipsilateral Primary Carcinomas Microscopically separate foci of tumor

- Largest focus is used for T designation
- Separate T designations are not assigned for smaller tumors





Gross Inspection





























TNM Staging

PRIMARY TUMOR (T)

Inflammatory Carcinoma

- Clinicopathologic entity
 - diffuse erythema and edema of breast
 - often without an underlying palpable mass
 - imaging studies show skin thickening with or without a mass
 - Biopsy shows tumor emboli in dermal lymphatics



Inflammatory Breast Cancer









Breast Cancer

- Tumor Stage
- Margin Status

How are Margins Assessed?

- Gross inspection
- Frozen Section
- Touch imprints
- Specimen x-rays











<image>

Margin Evaluation











Neoadjuvant Chemotherapy

- Standard therapy for locally advanced breast carcinoma
- Increasingly used for early stage operable disease
- A wide range of pathologic changes can occur after neoadjuvant chemotherapy

Indications of Neoadjuvant Chemotherapy

- Management of locally advanced invasive breast ca including inflammatory breast ca
- 'Down-staging' of large inoperable cancers to permit surgical resection
- Routine management of women with high risk disease who would require adjuvant chemotherapy based on biological tumour characteristics and clinical-radiological findings

Specimen Handling

- One of the most critical steps in accurately evaluate response to NAC is the macroscopic (gross) assessment of the specimen
- A multidisciplinary approach with close clinical/ radiological correlation to map the precise location of the tumor bed is preferable to exhaustive blind sampling









Neoadjuvant Chemotherapy

- The tumor bed consisted of an area of histiocytes and lymphocytes. No residual carcinoma was identified
- Sixteen lymph nodes were excised
- All were negative for metastatic carcinoma





Methods to Determine Response to NAC

- Clinical/imaging methods
 - -False negative 40-60%
 - –False positive 20-30%

Histopathologic evaluation is gold standard

Neoadjuvant Chemotherapy

Pathological Response

- PCR is defined as complete absence of invasive carcinoma in the breast and no residual metastatic ca in lymph nodes
- PCR occurs 5-30% of patients with locally advanced breast carcinoma after NAC





Measuring Tumor Size post NAC

- Tumor size more difficult to assess after NAC
- If there is a single lesion present on pretreatment imaging, then treat residual disease as a single tumor, especially if tumor cells are present within a reactive stromal background consistent with a solitary tumor bed





Measuring Tumor Size post NAC

- 7th edition AJCC largest contiguous area of tumour cells (B)
- The combination of size and residual tumor cellularity is the best indicator of response



Significance of nodal response





- Presence of lymph node metastasis
- Size of the largest lymph node metastasis

Residual Cancer Burden



Systems of Categorizing Response To Neoadjuvant Treatment

Residual Cancer Burden System (MDACC)

- RCB-0 No carcinoma in breast or lymph nodes (pCR)
- RCB-1 Minimal residual disease (marked response)
- RCB-2 Moderate response
- RCB-3 Minimal or no response

(chemoresistant)

Residual Cancer Burden



What do we look at in the pathologic examination after NAC?

All prognostic factors important before treatment are also important after treatment

- Residual Tumor pattern
- Tumor size
- LVI
- Lymph node status
- Histologic type and grade
- Tumor biomarkers

Neoadjuvant Chemotherapy

- Identification of "Tumor Bed" essential
- Can be very difficult if there is a marked clinical/imaging response
- Requires thorough evaluation

Tumor Bed

How extensively these specimens need to be sampled?

- If gross tumor is present limited sampling is adequate to establish the presence, size and cellularity of residual tumor. 1-2 sections/cm of tumor is reasonable
- If tumor bed is ill defined more extensive sampling is necessary

Placement of clip prior to treatment is very helpful





















Neoadjuvant Chemotherapy

Take Home Messages

- NAC is being used more frequently
- Pathologic response is an important predictor of survival
- pCR provides the best prognosis
- Multidisciplinary specimen handling is essential for evaluation

Breast Cancer

Take Home Messages

- Appropriate specimen evaluation requires multidisciplinary approach
 - Tumor stage determined by tumor size and lymph node status
 - Margin status
- Specimen X-ray is an essential tool